Buffalo Prenatal-Perinatal Network, Inc.

Annual Report
October 1, 2017 - September 30, 2018
Buffalo Prenatal Perinatal Network continued to advance its mission of caring for the highest risk families on the East and West side of Buffalo by providing intensive case management, home based parenting services and the Responsible Fatherhood Initiative. Below is a list of some activities we were involved with in 2018:

- Started new research project “Survivor Moms” with Dr. Mickey Sperlich, a perinatal focused trauma intervention for our clients.
- Initiated an Empowerment group for our clients with Postpartum Depression in collaboration with Horizon Health.
- Adopted 31 families for the holidays through the generosity of our Board and vendors.
- Worked in collaboration with the United Way on the GO Buffalo Mom federal grant to locate Transportation Navigators in prenatal clinics to assist moms in prenatal care visit compliance.
- Responsible Fatherhood support groups kicked off and received several grant awards.
- BPPN became a Cribs for Kids site and received a matching grant for pack and plays.
- Partnered with the Junior League of Buffalo as their 2018-2019 impact agency.
- Were selected by the NYS Department of Health to host a Listening Session on Maternal Mortality with over 40 African-American women participating.

We continue to be passionate about our programs and the participants we serve. As always, they have many needs and we certainly serve as their home and support. The staff become mentors and mothers to their clients and take great pride in the work they do every day. They are truly dealing with the social determinants of health every day. This can become difficult as we deal with increased pressure on our finances and the agency.

Our Board of Directors continue to share their time and talents with us through their invaluable advice, support for the agency through their donations and presence at our events throughout the year. Many of them participated in our Adopt a family project, donated furniture to our clients and even helped with grant writing! They are a wonderful, dedicated group of individuals that we are lucky to have.

A special thank you to our funders: NYS Department of Health Division of Family Health, NYS Office of Children and Family Services, Millennium Collaborative Care, , the John R. Oishei Foundation and the United Way. And to our wonderful sponsors who help support Great Baby Beginnings every year, our largest fundraiser.

Thank you to everyone who supports BPPN throughout the year. You provide us with the means to continue the important work we do for the families of Buffalo. To quote Warren Buffett “Someone is sitting in the shade today because someone planted a tree a long time ago.”
2017-2018 Board of Director

Thank you to our BPPN Board of Directors for your tireless efforts in helping us support our mission and goals in this past year!

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WE PUT MOTHER & CHILD FIRST

Personalized Home-Based Programs Which Promote Healthy, Successful Parenting, Self-Sufficiency and Fatherhood Involvement
Intensive Case Management by Community Health Workers Who Use Street Outreach
Agency Focus is Reduction of Infant Mortality & Low Birth Weight Infants, Healthy Family Planning and Quality of Father-Child Relationship
Programs Target is At Risk Population In High Need Areas of Erie County

Why BPPN Is Important
- Served 2265 families over the last 5 years
- Provided over 31,000 home visits
- Ensured 96% client attendance at prenatal and healthy baby visits
- Accomplished a 92% breastfeeding rate compared to 39% of non-participating mothers
- Annually 96% of children with up to date immunization by first birthday
- 100% children screened for lead
- 97% Children have at least 5 well baby visits by 15 months
- 70% of attendees graduate from fatherhood program

Reducing Healthcare Costs
- Annually
  - Saved more than $712,800 in local NICU costs
  - Achieved 99% client participation in healthcare insurance and connection to primary care physicians
  - In the top 30% of Erie County agencies that commit over 90% of their dollars for program costs

Social Determinants Of Health
- Annually
  - 2 of 3 mothers enter/reenter employment
  - 1 of 2 our mothers resume school
  - 1 of 3 our children enter Head Start
  - 95% of participants connect to housing, food, and clothing providers

Family Planning
- Provided 100% of our mothers with effective contraceptive information vs. 6% of non-participating mothers
- Reduced unintended teen pregnancies by 17%
  (Each teen pregnancy costs $25,700
  –Source: National Campaign to Prevent Teen and Unplanned Pregnancy)

Cultural Competence
- 80% of the people we serve are people of color
- 82% of our staff are people of color
- 37% of our staff speak Spanish
- 6% of our staff were clients in our programs
- 15% of Fatherhood graduates become volunteer facilitators
Buffalo Home Visiting Program (BHVP)

Home Visits and FSW/FAW update for contract year 2017 – 2018:

- The Program is entering its 23nd year of operation.
- The Program served 499 families this year.
- Our Family Support Workers (FSW) conducted 5,202 home visits.
- Our Family assessment workers (FAW) have exceeded the States’ requirements for assessing the moms into the program prior to 2 weeks post-partum.
- Our Supervisors have streamlined the training process allowing our program to score 100% for meeting the accreditations required trainings for all staff as well as 100% for all of the ongoing wrap around trainings.

The Program met or exceeded the required performance targets:

- At least 90% will be up to date on immunizations
- At least 90% will be assessed for the risk of lead in their environment
- At least 95% will have a medical provider
- At least 90% will have the recommended number of well-baby visits
- At least 98% will demonstrate age appropriate development or be referred to Early Intervention Program
- At least 90% of moms will have a medical provider
- At least 30% of moms will breastfeed for the first 6 months,
- 75% of families will be involved in an educational or training program or be employed by child’s second birthday
- At least 75% of participants’ will receive the needed service for issues with substance abuse, alcohol abuse, mental health issues and domestic violence as identified by the kempe assessment that we perform.
- Since the inception of our program we have had father and/or father figure involvement 42% of the overall families served with a home visit.

Program Activities

- Black History Month
- Hispanic Heritage celebrations
- Health and Wellness educational support groups
- Celebration of Families Day
- Easter Egg Hunt
- Safe Trick or Treating
- Visit with Santa
- Three Kings Day celebration
- Literacy initiative
- Parenting Memories Scrapbooking
Maternal Infant Community Health Collaborative (MICHC), Delivery System Reform Incentive Payment (DSRIP) & United Way Community Health Worker Program

THE GOAL IS THAT BABIES ARE BORN HEALTHY & BOTH MOM AND CHILD STAY HEALTHY FOR LIFE.

<table>
<thead>
<tr>
<th>Community Health Workers (CHW’S) help with:</th>
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<tbody>
<tr>
<td>✧ Health Insurance</td>
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<tr>
<td>✧ Prenatal Care</td>
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<td>✧ Preconcept/ Inter-conception Health</td>
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<tr>
<td>✧ Reproductive Family Planning</td>
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<td>✧ Women Empowerment</td>
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<td>✧ Navigation to appointments</td>
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<tr>
<td>✧ Referrals for outside services (clothing, food, housing help, etc...)</td>
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Our staff collaborates with other community agencies and providers, monitors data, and communicates with women and families to continuously be aware of the changing needs/issues in our targeted zip code areas to assure appropriate education and support services.

“Cribs for Kids” site: BPPN provides education on the importance of practicing safe sleep for their babies and “play pens” to families who, otherwise, cannot afford a safe place for their babies to sleep in order to reduce the risk of infant sleep-related deaths.

Survivor Moms Companion: We offer a psychoeducational program, centered around Post Traumatic Stress Disorder (PTSD), for pregnant and parenting women who have dealt with trauma or childhood abuse/neglect. Through ten module sessions, we help moms understand how symptoms of PTSD may surface during their pregnancy and early parenting. As well as, provide healthy coping strategies to handle any triggers throughout motherhood.

Moms Quit: Smoking Cessation: We provide educational in-home sessions, C/O testing and diaper incentives for Pregnant/postpartum women & their partners who are trying to quit smoking.

Support Groups:
Staff provide educational support groups around breastfeeding, depression, child birth and nutrition. Where a healthy lunch/snacks are served as an incentive during and after bi-weekly groups.

>2040 Home visits completed
220 Women and families Served
92% Breastfeeding Initiation rate.
>83% Women attended their Postpartum Visit within 8 weeks after birth.
7 Moms enrolled in the smoking cessation program and either quit or significantly reduced smoking habits.
3 Certified Survivor Mom Companion Tutors and 1 new trainee.
1 New Certified Lactation Counselor (CLC) and two recertified CLC’s training to be International Board Certified Lactation Consultants.

BUFFALO PRENATAL PERINATAL NETWORK
625 DELAWARE AVE. SUITE 410
BUFFALO NY 14202
716-884-6711 ext. 203
Save The Date
Wednesday, July 18, 2018

THE 15TH ANNUAL
Great Baby Beginnings!

Hosted by: Buffalo Prenatal-Perinatal Network, Inc. Board of Directors

Cocktail Reception, Dinner, Silent & Live Auction, and Raffles
5:30 - 8:30 p.m. | Hotel Henry Urban Resort and Conference Center

CAREGIVER HONOREE:
Elaine Clutterbuck,
CNM MSN
Catholic Health System

BPPN CHAMPION:
NYS Senator
Tim Kennedy

ORGANIZATIONAL HONOREE:
Allentown Pediatrics & Adolescent Medicine

We welcome gift card & product donations for our event. Opportunities for sponsorships: $5,000 - $500 Advertisements: $150-$65

For more information contact: Denise Herkey-Jarosch,
dhj@bppn.org, 253-7066 or visit www.bppn.org
Buffalo Prenatal-Perinatal Network, Inc.

The 15th Annual
Great Baby Beginnings!
A Special Thank You To Our Event Sponsors!

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Bronze

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